

COVID-19: Testing and isolation protocols



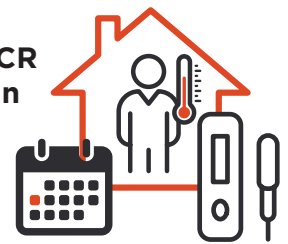
I am a close contact and have no symptoms

With COVID-19 in the community, it is important for you to know what to do to keep yourself and others safe. This protocol will help you know what to do if you are a close contact but have no symptoms.

Isolate for
7 days from
date of
contact.



Take a PCR
or RAT on
day 1.



Symptoms

Refer to 'I am a close contact who develops symptoms' protocol.



Test negative

Continue to isolate.
If you took a RAT
on day 1, take
another RAT
24 hours later
and continue
to isolate if
negative. Take
another PCR on
day 6 or RAT on
day 7.



Test positive

Refer to the 'I have tested positive to COVID-19' protocol.



Test negative

If you have no symptoms on day 7, you can leave your home providing there are no new cases in your household. For the next 7 days, wear a mask indoor and outdoors and don't visit high risk settings (exemptions apply).



If someone
in your
household
tests positive,
isolate for 7
days (start this
process again).

