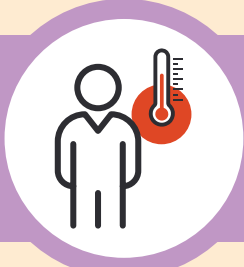




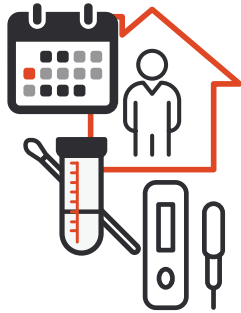
COVID-19: Testing and isolation protocols



I am not a close contact and I have symptoms

With COVID-19 in the community, it is important for you to know what to do to keep yourself and others safe. This protocol will help you know what to do if you have symptoms.

Get a PCR or RAT on day 1 and isolate until your results come back.



Test negative

You are not required to isolate. But you should stay home where possible, until your symptoms clear.



Test positive

Refer to the 'I have tested positive to COVID-19' protocol.



Symptoms include:



Fever



Sore/scratchy throat



Runny nose



Fatigue



Shortness of breath



Dry cough