

## COVID-19: **Testing and isolation protocols**



## I have tested positive for COVID-19

With COVID-19 in the community, it is important for you to know what to do to keep yourself and others safe. This protocol will help you know when and how long you need to isolate for if you are COVID-19 positive.

If you return a positive Rapid Antigen Test (RAT), you must register your result with the Department of Health. Isolate at home for 7 davs. No symptoms **Symptoms** after 7 days develop No further Remain in test is isolation required. until symptoms cease. OR You can leave home. Wear a You are mask indoors cleared by and outdoors a medical for the next professional. 7 days.

**Symptoms** include:





Fever Sore/scratchy throat



**Runny nose** 





Fatigue Shortness of breath Dry cough





We're all in this together.